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SIGMA THETA TAU INTERNATIONAL
HONOR SOCIETY OF NURSING

The Pillar

Newsletter of the Lambda Pi Chapter, University of Toronto Faculty of Nursing

Volume 9, Number 1 Fall 1998

First International Research Utilization Conference

Research Utilization: Preparing for the New Millennium

The First International Research Utilization Conference, sponsored by the University of Toronto and Lambda Pi Chapter of Sigma Theta Tau was held on April 24 and 25, 1998. The successful conference featured presentations by nationally and internationally renowned nurse researchers, faculty and graduate students. The addition of pre-conference workshops focusing on nursing research and research utilization was a first for the Faculty of Nursing. The workshops were well attended and feedback was extremely positive. Congratulations to the program organizers for their hard work and dedication to producing a conference we can all be proud of.

A highlight of the conference, as always, was the Keynote Address, the Nettie Fidler Douglas Lecture featuring Dr. Alison Kitson, Director of the Royal College of Nursing Institute, London, UK. In her lecture, entitled *Major Issues Related to Research Utilisation,* Dr. Kitson discussed methods for contextualizing research in order to increase is use and applicability to practice. She suggested that nursing leaders must understand and overcome the factors that inhibit research utilization, such as the culture of the setting, perceived relevance, and a lack of skills to understand research. She promoted the use of evidence-based practice guidelines as one method of disseminating research into practice.

Dr. Kitson suggested that successful implementation of research into practice depended on the relationship between three variables: the strength of the *evidence*, the *context* in which it is to be implemented (i.e. the culture, leadership styles, and measurement of the implementation) and the characteristics, role and style of the *facilitation* process (i.e. the people and/or processes of change management). Using pertinent examples from the literature, Dr. Kitson revealed that research implementation was highly effective in situations with a high level of evidence, a high facilitation, and a low context, although the ideal we should be striving for is a high context as well. Facilitation was identified as the most influential factor in determining successful implementation of research. Organizations were strongly encouraged to invest in expert facilitators.

In preparing for the new millennium, Dr. Kitson concluded that organizations engage and involve staff in the research utilization process, that they be respectful of the context in which the research is to be used, invest in expert facilitators, and that they involve patients in determining what evidence is important to them.

Dr. Kitson was an enthusiastic and knowledgeable speaker. Her Keynote Address was a focal point of the First International Research Utilization Conference.

Sigma Theta Tau, Lambda Pi Chapter Calendar of Events

Date	Event	Location
Nov 12, 1998 *1900 hrs*	Ryerson Honor Society Scholarly Program *Guest speaker: Linda McGillis-Hall RN, PhD(c)*	Jorgenson Hall, Room A250 "The Commons" Ryerson Polytechnic University
Nov 30, 1998 *1900 hrs*	Lambda Pi Chapter, Fall Program Redeployment: Implication for Service *Guest speaker: Dr. Andrea Baumann, Associate Dean of Health Sciences (Nursing), McMaster University*	Hospital for Sick Children Main Auditorium University Wing, 1st Floor
Feb 24, 1999 *1900 hrs*	Lambda Pi Chapter, Annual Meeting *Guest speaker: Dr. Ruth Gallop, Professor, Faculty of Nursing, University of Toronto*	Princess Margaret Hospital 6th Floor Auditorium, Room 604
April 28, 1999	University of Toronto, Faculty of Nursing Research Day	Medical Sciences Building University of Toronto
May 26, 1999 *1900 hrs*	Lambda Pi Chapter, Induction Ceremony *Guest Speaker: Dr. Ellen Hodnett, Professor, Faculty of Nursing, University of Toronto. Heather Reisman Chair in Perinatal Nursing Research*	Mount Sinai Hospital Auditorium 18th Floor 600 University Avenue
December, 1999	Sigma Theta Tau International 35th Biennial Convention	San Diego, California

Chapter Information

General Information

Information about events and all related applications are available from the Faculty of Nursing, University of Toronto. Please leave a message with your request for Linda Williams at 416-978-8318.

Invitation to Chapter Events

A reminder that all chapter events are open to members and their invited guests. Please feel free to bring a friend or colleague to all local sessions.

Bulletin Board Communications

The Lambda Pi chapter has a bulletin board located at the Faculty of Nursing, 50 St. George Street, on the second floor beside Room 204.

Headquarters Info Line & E-mail

Members can contact Sigma Theta Tau International Headquarters in Indianapolis directly by calling: **1-888-634-7575** or e-mail at: **stti@stti-sun.iupui.edu**

8TH ANNUAL INDUCTION CEREMONY
GUEST SPEAKER: DOROTHY PRINGLE, RN, PhD, DEAN

LATE-NIGHT MUSING ON NURSING EDUCATION BY AN AGING DEAN

by: Michèle Parent, PhD student

At the Spring induction ceremony, members of the Lambda Pi Chapter were treated to a wonderful presentation by Dr. Dorothy Pringle, Dean of the Faculty of Nursing, University of Toronto. Dean Pringle has spent many nights musing on nursing education while meditating in silence, absorbed in thought, therefore, it was a great opportunity for newly inducted members to be exposed to her thoughts and ideas about nursing education.

Dorothy Pringle graduated as a nurse 34 years ago. Since then she has practised nursing in clinical agencies and in the education setting. She has studied and worked in various universities (McMaster, Laurentian, Toronto, Colorado, and Illinois). Her exposure to nursing education, as a student and faculty member, has always been at the university level, therefore, she admits not being able to imagine nursing education taking place outside of universities. She loved the university environment as a student and truly loves being a university professor. Her love stems from the fact that universities "deal with possibilities".

An important goal in nursing education, according the Dean Pringle, is "to create the possible despite the actual". She believes that we as nurses must always work toward the possibility of making a moment, an hour, a night or a day better because we are there and we bring the knowledge and skills that are needed. This is especially true in nursing since much of the actual is not inspiring or even acceptable.

Quoting Greta Styles "for me nursing is an exquisite and excruciating obsession", Dean Pringle discussed how Sigma Theta Tau and PhD programs play to the obsessed in nursing. She related the notion of obsession to nursing education. The obsessed nursing teacher focuses on inspiring, motivating, and moving students to see the possibilities beyond the actual in contrast to teaching the actual. Dr. Pringle wondered how we can transfer the notion of being obsessed with possibilities to all nursing students. She described the present environment as being grounded in the actual, contemptuous of obsession, and ignorant of the possible.

Over the years, during her musing sessions Dean Pringle identified clear problems with nursing education: a gap too wide between faculty and practice setting, and too many schools pushing too many students through their programs. She is convinced that we need teaching hospitals and health units for nursing. More specifically, we need clinical teaching units for nursing students where staff would be appointed and faculty would have a genuine commitment to these units. Staff nurses and faculty in these teaching units also would be obsessed with nursing and committed to the possible. Therefore, student nurses in these units would be apprentices to obsessive expert nurses who would be committed to teaching their students everything they know.

Dr. Pringle believes that nursing educators have the responsibility to "turn all students into obsessives". While recognizing that this is unrealistic, she compromised that a majority of students become obsessed with the possibilities and appreciative of the frustrating and ridiculous in nursing. Students should have the opportunity to work with at least one inspiring faculty member whether it be in a practice, research, or teaching setting.

Dean Pringle concluded her talk by sharing her excitement about the new second-year-entry nursing program at the University of Toronto which will include a smaller number of degree prepared students. In addition, she was excited about the prospect of creating clinical teaching units for nursing students.

Thank you Dean Pringle for sharing your thougths and ideas with us.

We Congratulate the Following Inductees into Lambda Pi Chapter Sigma Theta Tau May '98

Odilia Almeida
Martine Andrews
Shelly Archibald
Shirley Avery
Nancy Barnes
Nora Bechai
Kavita Bhatla
Sylvia Brachvogel
Catherine Brown
Melody Bussey
Kathryn Catton
Deborah Chiu
Pamela Cormillot
Mary Ruth Crabb
Madeleine Jane Culf
Solange Dias
Sandra Lynn Doyle
Winnifred Doyle
Stephanie East
Rochelle Einboden
Bonnie Eng
Roberto Fuerte
Jacquelyn Gerlach
Marie-Claire Ghattas
Tina Hua
Cary Man Choi Hui
Joan Jickling
Christopher Kebbel
Mary Lou King
Marie Langill
Leeanne Lauzon
Tanya Lysiak-Globe
Flora Oi-Ting Lo
Mary Marshall
M. Anne McDermid
Nancy Molson
Meredith Morrison
Mary Nisbet
Caroline O'Grady
Sandra Palmer
Lori Palozzi
Michele Parent
Malini Persaud
Joanna Raston
Shirine Riahi
Nicole Rogers
Donald Rose
Julianna Rusak
Linda Short
Edith Yuk Lan Shum
Tanya Spencer
Jennifer Sweet
Laura Teague
Mandana Vahabi
Jeanette Vize
Fariba Zahrai

Transferring in
Elizabeth Borycki
Karen Deane
Elizabeth Diem
Janis McDonald
Nancy McGee
Souraya Sidani
Suzanne Smiley

Incoming Dual
Anna Maria Giallonardo
Jane MacIver

Lambda Pi Chapter, Advertising Guidelines

If you would like an avenue to advertise upcoming scholarly events, including research or education conferences or workshops, ***The Pillar*** provides an opportunity to reach nurses in both academic and practice settings.

General Advertising Rates

# of pages	x 1 page	x 2 pages
Full page	$150.00	$125.00
Half page	$ 75.00	$ 65.00
1/3 vertical	$ 40.00	$ 35.00
1/4 page	$ 20.00	$ 18.00
1/8 page	$ 10.00	$ 9.00

Closing Dates

Fall Edition (September)	August 1
Spring Edition (March)	February 1

For further information please call member voicemail at 416-978-8318

Sigma Theta Tau
Lambda Pi Chapter
Member News Form

We at Sigma Theta Tau, Lambda Pi Chapter are delighted to hear about members' achievements, appointments, publications and awards. We are pleased to carry announcements of such items in the *"Members on the Move"* or *"Chapter News"* or *" Publications"* section of the newsletter. Please use this form to notify us of your accomplishments. Thank you!

Name: _____ Credentials: _____

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Current Chapter(s) Affiliation: _____

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Return to: Raquel Meyer (fax) 416-978-8222, Faculty of Nursing
University of Toronto, 50 St. George Street, Toronto, Ontario
M5S 1A1

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Ryerson School of Nursing Honor Society
Communication Update
by Linda Cooper and Janice Waddell

Greetings from the Honor Society. This fall update will share some news and information, along with recent and future activities.

We enjoyed another successful induction ceremony on May 28, 1998, with 68 new members welcomed into the Honor Society. Dr. Sandra McBride gave an excellent presentation entitled "Nursing scholarship: The foundation of a sense of community." Dr. McBride's discussion highlighted the importance of the link between research and practice and was complemented by the use of computerized audiovisual technology.

On November 12, 1998 at 7:00pm we will hold our Fall Scholarly Program in Room A250 (The Commons) at Jorgenson Hall. Linda McGillis-Hall PhD(c). will be presenting her doctoral research. Light refreshments will be served from 6:30pm. We welcome all Honor Society members, friends and colleagues. Individuals do not need to be members to attend the program. A raffle and door prize will be held as part of our fund-raising efforts.

We are progressing toward the establishment of a Chapter-at-Large with Lambda Pi at the University of Toronto. Linda Cooper, President of the Honor Society, is now a member of the Lambda Pi Board of Directors. A Ryerson student also will be invited to attend the Lambda Pi board meetings. Janice Waddell, a Ryerson faculty member, assumed the role of President of Lambda Pi in June, 1998.

Kileen Tucker Scott is the new Director of the School of Nursing. Kileen was inducted into the Honor Society last May and is an active supporter of our activities. Kileen's enthusiasm and commitment to the profession of nursing makes her a valuable asset to the Honor Society and to the School of Nursing as a whole.

Movers and shakers:
Congratulations to *Janice Waddell* on the completion of her doctoral degree from York University.
Linda Cooper successfully completed her qualifying exams toward her doctoral degree at Wayne State University.
Isolde Daiski and Carol Eifert successfully defended their dissertation proposals at OISE and will now begin data collection.
Dr. Sandra McBride retired from the School of Nursing after 18 years of excellence in teaching and research.
Welcome to *Drs. Lillie Lum and Beth McCay* who have recently joined the faculty at the School of Nursing.
Shannon Taylor successfully wrote the ACRN exam, achieving certification in AIDS care. Shannon has recently moved to Halifax to begin graduate studies at Dalhousie University. Good Luck Shannon.

We would like to support the work and accomplishments of our members. Please let us know about any presentations, awards, or publications that we can share by contacting Linda Cooper (416-979-5000 ext. 6308)

We have had mail returned from several of our members marked "MOVED". If you have an address for any of the following people, please forward it to Linda Cooper:

Terri Stuart-McEwan
Dawn Peters-Bascombe
Karline Wilson
Irene Swinson
Wendy Goodine
Ainat Cohen
Audrey Dalziel Booth

Looking forward to seeing you on November 12, 7:00pm, in Room A250.

President's Message
by Janice Waddell

I hope that this message finds you revitalized after the sun filled summer! I have had the privilege of being a member of the Board of Directors of Lambda Pi, under the leadership of Gail Donner, for the past two years and look forward to continued involvement in my role as President. Over the last year the Board has concentrated on the development of strategies to ensure that the activities of Lambda Pi are accessible and of relevance to all members. Our goals for the coming year are to implement and evaluate these strategies, and to enhance student involvement on the Board of Directors and in our professional programs. We are also making progress toward the establishment of a Chapter-at-Large with Ryerson, an accomplishment that will offer members from Lambda Pi and the Ryerson Honor Society enhanced opportunities for collaboration, development, and contact with a wide range of colleagues.

During my years as a Board member I was impressed with the level of commitment demonstrated by all members of the board to both the profession of nursing and to the goals of Lambda Pi. It was refreshing to meet with people on a regular basis who, while recognizing and working in a tumultuous health care environment, focused on the strengths and achievements of nurses. We have planned some excellent professional programs for the coming year. The programs offer you the opportunity to hear about the activities of nurses, and to remind yourselves about the value and strengths of our profession. Please join us and bring a colleague. I look forward to meeting you.

The University of Toronto, Faculty of Nursing Research Day '99 is scheduled for Wednesday, April 28, 1999 in the Medical Sciences Building. Abstracts for workshops and/or symposia on planning and conducting research and developing protocols directed at improving the quality of care in clinical practice are due Friday, October 30, 1998. Proposals will be peer-reviewed and presenters will be informed by December 4, 1998.

For further information or a submission form, please contact:

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Member Publications

Beaulieu, R., **Shamian, J., Donner, G., & Pringle, D.** (1997). Empowerment and commitment of nurses in long-term care. *Nursing Economics, 15(1), 32-41.*

Deane, K. A. (1997). CNS and NP: Should the roles be merged? *Canadian Nurse. 93(6), 24-8.*

Deane, K. A. (1997). The role of the breast clinic nurse. *AORN Journal, 66(2).*

Deane, K. A., & Degner, L. F. (1998). Information needs, uncertainty, and anxiety in women who had a breast biopsy with benign outcome. *Cancer Nursing, 21(2), 117-26.*

Donner, G. (1997). The futility of utility: Barriers to the development of nursing human resource policies for Ontario. *Canadian Journal of Nursing Administration, 10(1), 45-58.*

Donner, G. J., Wheeler, M. M., **& Wdadell,** J. (1997). The nurse manager as career coach. *Journal of Nursing Administration, 27(12): 14-8.*

Gallop, R., Austin, W., **McCay, E.**, Bayer, M., & Peternelj-Taylor, C. (1997). Nurses' views regarding False Memory Syndrome. *Archives of Psychiatric Nursing, 11(5), 257-63.*

Gallop, R., McCay, E., Austin, W., Bayer, M., & Peternelj-Taylor, C. (1998). A survey of psychiatric nurses regarding working with clients who have a history of sexual abuse. *Journal of the American Psychiatric Nurses Association, 4(1), 9-17.*

Garley, D., **Gallop, R.,** Johnston, N., & Pipitone, J. (1997). Children of the mentally ill: A qualitative focus group approach. *Journal of Psychiatric & Mental Health Nursing, 4(2), 361-7.*

Hall, L. M. (1998). The use of unregulated workers in Toronto hospitals. *Canadian Journal of Nursing Administration, 11(1), 8-30.*

Hall, L. M., & Donner, G. J. (1997). The changing role of hospital nurse managers: A literature review. *Canadian Journal of Nursing Administration, 10(2), 14-39.*

Hall, L. M. (1997). Staff mix models: Complementary or substitution roles for nurses. *Nursing Administration Quarterly, 21(2), 31-9.*

Hodnett, E. D. (1998). Continuity of caregivers during pregnancy and childbirth. *The Cochrane Library (Oxford), 2(5p).*

Hodnett, E. D., & Robert, I. (1998). Home-based social support for socially disadvantaged mothers. *The Cochrane Library (Oxford), 2(10p).*

Hodnett, E. D. (1998). Home-like versus conventional birth settings. *The Cochrane Library (Oxford), 2(5p).*

Hodnett, E. D. (1998). Support from caregivers during at-risk pregnancy. *The Cochrane Library (Oxford), 2(9p).*

Hodnett, E. D. (1998). Support from caregivers during childbirth. *The Cochrane Library (Oxford), 2(8p).*

Irvine, D., Sidani, S., & Hall, L. M. (1998). Linking outcomes to nurses' roles in health care. *Nursing Economics, 16(2), 58-64.*

Irvine, D. M., Vincent, L., Graydon, J. E., & Bubela, N. (1998). Fatigue in women with breast cancer receiving radiation therapy. *Cancer Nursing, 21(2), 127-35.*

McCay, E., Gallop, R., Austin, W., Bayer, M., & Peternelj-Taylor, C. (1997). Sexual Abuse Comfort Scale: A scale to measure nurses' comfort to respond to sexual abuse in psychiatric populations. *Journal of Psychiatric & Mental Health Nursing, 4(5), 361-7.*

O'Brien-Pallas, L., Irvine, D., Peereboom, E., & Murray, M. (1997). Measuring nursing workload: Understanding the variability. *Nursing Economics, 15(4), 171-82.*

Ray, K. L., & **Hodnett, E. D.** (1998). Caregiver support for postpartum depression. *The Cochrane Library (Oxford), 2(7p).*

Schreiber, R., Stern, P.N., & Wilson, C. (1998). The contexts for managing depression and its stigma among black West Indian Canadian women. *Journal of Advanced Nursing, 27(3), 510-7.*

Simpson, B. (1997). An educational partnership to develop acute care nurse practitioners. *Canadian Journal of Nursing Administration, 10(1), 69-84.*

Watt-Watson, J., & Stevens, B. (1998). Managing pain after coronary artery bypass surgery. *Journal of Cardiovascular Nursing, 12(3), 39-51.*

Lambda Pi Chapter is accepting nominations for Community Leader Membership.

Prospective applicants must be nurses with a minimum of a baccalureate degree who have demonstrated marked achievement in education, practice, research, administration or publication.

Please contact **Linda Williams at 416-978-8318** to receive an application package.

Announcing the 1999 Excellence Awards

To recognize and promote the advancement of nursing through excellence STT presents awards in clinical practice, nursing administration, nursing education, nursing leadership and research utilization.

A process for nomination, selection and presentation of these awards has been developed and is available to STT members through the office.

Please call **Linda Williams at 416-978-8318** to receive a copy of the criteria.

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